

# Freedom Area SD K-2nd Lunch Menu April 2025

Director of Food & Nutrition

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> <b>Popcorn Chicken w/ Sliced Bread</b> Creamy Mashed Potatoes Assorted Fruit Choice Choice of Milk	<b>2</b> <b>Meatball Hoagie</b> Steamed Mixed Vegetable Assorted Fruit Choice Choice of Milk	<b>3</b> <b>Nacho Grande</b> Seasoned Steamed Golden Corn Assorted Fruit Choice Choice of Milk	<b>4</b> <b>Cheese Pizza</b> Steamed Peas Assorted Fruit Choice Choice of Milk
<b>7</b> <b>Breaded Chicken Patty Sandwich</b> Steamed Carrots Assorted Fruit Choice Choice of Milk	<b>8</b> <b>Lasagna Roll Ups</b> Steamed Broccoli Assorted Fruit Choice Choice of Milk	<b>9</b> <b>Cheeseburger</b> Baked French Fries Assorted Vegetable Choice Assorted Fruit Choice Choice of Milk	<b>10</b> <b>Buffalo Chicken Dippers w/ Sliced Bread</b> Steamed Corn Assorted Fruit Choice Choice of Milk	<b>11</b> <b>Cheese Pizza</b> Steamed Seasoned Green Beans Assorted Fruit Choice Choice of Milk
<b>14</b> <b>Bosco Sticks w/ Marinara Sauce</b> Steamed Peas Assorted Fruit Choice Choice of Milk	<b>15</b> <b>French Toast Sticks w/ Sausage Patty</b> Seasoned Steamed Mixed Vegetables Assorted Fruit Choice Choice of Milk	<b>16</b> <b>No School</b>	<b>17</b> <b>No School</b>	<b>18</b> <b>No School</b>
<b>21</b> <b>No School</b>	<b>22</b> <b>Corn Dog Nuggets</b> Seasoned Steamed Carrots Assorted Fruit Choice Choice of Milk	<b>23</b> <b>BBQ Rib Sandwich</b> Baked French Fries Assorted Fruit Choice Choice of Milk	<b>24</b> <b>Walking Taco w/ Sliced Bread</b> Steamed Golden Corn Assorted Fruit Choice Choice of Milk	<b>25</b> <b>Cheese Pizza</b> Seasoned Steamed Mixed Vegetable Assorted Fruit Choice Choice of Milk
<b>28</b> <b>Grilled Cheese</b> Steamed Peas Assorted Fruit Choice Choice of Milk	<b>29</b> <b>Chicken Nuggets w/ Pretzel</b> Crispy Tator Tots Assorted Fruit Choice Choice of Milk	<b>30</b> <b>Pasta &amp; Meat Sauce w/ Garlic Toast</b> Steamed Broccoli Assorted Fruit Choice Choice of Milk	<b>*Look for New Menus on SchoolCafe.com!</b>	

## What makes a meal?

You must choose at least 3 of 5 components available for the school lunch price.  
 Choice of Meat or Meat Alternate  
 Choice of Vegetable, Choice of Fruit\*  
 Choice of Grain/Bread, and Choice of Milk  
 \*Students must choose at least one fruit or vegetable

## Milk Options

Whole Milk, Strawberry Milk, Chocolate Milk

## Fruit & Veggie Options

Broccoli Florets | Baby Carrots  
 Dark Leafy Greens | Legume Salads  
 Celery & Cucumber  
 \*May choose two 1/2 cup servings  
 Crisp Apple | Sliced Peaches | Mixed Fruit  
 Fresh Orange | Banana | Pineapple Tidbits  
 Diced Pears | Applesauce

\*K-8 may choose up to 1/2 cup serving.  
 9th-12th may choose two 1/2 cup servings

## Alternate Menu Options

Monday, Wednesday, Friday:  
 PBJs

Tuesday & Thursday:  
 Yogurt Baskets

Salads Daily  
 \*3rd-8th